

COMPANIES WEST GROUP INC. FORMS STRATEGIC ALLIANCE WITH GOLDEN SPIRIT ENTERPRISES LTD.

Denver, Colorado –May 9, 2008- Companies West Group Inc. (GR: A38 Frankfurt) has signed an agreement to form a strategic alliance with Golden Spirit Enterprises Inc. The agreement will permit Companies West Goup Inc. to utilize Golden Spirit Enterprises Inc.'s CTC Greencycle technology known as Thermal Oxidation Process Systems (TOPS) and Controlled Oxidation Environments (CORES). Companies West Group Inc. has agreed to an initial investment and will continue to invest in the Greencycle technology over a six month period.

C.W.G. will use the technology to market and fund the implementation of its plants where applicable, specifically in Europe.

The alliance will strengthen the Company's commitment to promote the CTC Greencycle "Waste to Energy" technology as the leading solution for municipal solid waste disposal worldwide.

For additional information on Golden Spirit Enterprises Greencycle technologies visit their website at <http://www.goldenspirit.ws/Tech.htm>

About Companies West Group Inc.

Companies West Group Inc. corporate focus is green energy or alternative fuel sector. Established back in 1958, it became a Colorado corporation in 1986. Most of this Company's investments will be in instruments that provide a contribution to a clean and sustainable environment. The Company invests in firms that prevent or reduce air and water pollution as well as those which use fewer chemical pesticides. We seek to provide alternatives to clear cutting forests and to promote recycling. Companies West Group believes that the areas in which we invest such as clean water and clean air will continue to present opportunities. The Company officers believe that the need for cost-effective clean energy will surely stay with us and grow.

Please visit our website for more information and updates

<http://www.companieswestgroupinc.com>

Forward Looking Statements

This press release contains "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Statements in this release that are forward-looking statements are based on current expectations and assumptions that are subject to known and unknown risks, uncertainties, or other factors which may cause actual results, performance, or achievements of the company to be materially different from any future results, performance, or achievements expressed or implied by such forward-looking statements. Actual results could differ materially because of factors such as the effect of general economic and market conditions, entry into markets with vigorous competition, market acceptance of new products and services, continued acceptance of existing products and

services, technological shifts, and delays in product development and related product release schedules, any of which may cause revenues and income to fall short of anticipated levels. All information in this release is as of the date of this release. The company undertakes no duty to update any forward-looking statement to conform the statement to actual results or changes in the company's expectations.

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