

PRESS RELEASE

COMPANIES WEST GROUP INC. ENTERS INTO CONTRACT AGREEMENT WITH LUBRICATION TECHNOLOGIES

Ardmore, Oklahoma- May 26, 2010—Companies West group Inc. (DE:A38)-has consummated a contract agreement with Lubrication Technologies for the acquisition of inbound supplies of clay and catalyst for its recovery operations. Lubrication Technologies is owned by Mr. Bob DeGennaro, past president of GOTCO USA, a US entity within Gulf Oil International.

Mr. DeGennaro, and his son Mr. Ryan DeGennaro will source and deliver both supply and sale side contracts for the clay and catalyst recovery operations of Companies West Group Inc..

In addition to several other business activities, Mr. DeGennaro publishes a newsletter called OEM/Lube News, which has several thousand subscribers worldwide. Ryan DeGennaro compliments the team with an extensive client base and an experienced sales background.

Companies West expects to have a signed contract with Conroe Bio-Diesel for the sale of their feed stock as soon as the Conroe company president returns to Houston within the next 10 to 14 business days.

<http://www.companieswestgroupinc.com>

About Companies West Group Inc.

Companies West Group Inc. corporate focus is on natural energy resources green energy or alternative fuel sector. Established back in 1958, it became a Colorado corporation in 1986. Most of this Company's investments will be in instruments that provide a contribution to a clean and sustainable environment. The Company invests in firms that prevent or reduce air and water pollution as well as those which use fewer chemical pesticides. We seek to provide alternatives to clear cutting forests and to promote recycling. Companies West Group believes that cost effective areas in which we invest such as clean water and clean exploration solutions will continue to present opportunities for economic advance now.

Please visit our website for more information and updates <http://www.companieswestgroupinc.com>

Forward Looking Statements

This press release contains "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Statements in this release that are forward-looking statements are based on current expectations and assumptions that are subject to known and unknown risks, uncertainties, or other factors which may cause actual results, performance, or achievements of the company to be materially different from any future results,

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performance, or achievements expressed or implied by such forward-looking statements. Actual results could differ materially because of factors such as the effect of general economic and market conditions, entry into markets with vigorous competition, market acceptance of new products and services, continued acceptance of existing products and services, technological shifts, and delays in product development and related product release schedules, any of which may cause revenues and income to fall short of anticipated levels. All information in this release is as of the date of this release. The company undertakes no duty to update any forward-looking statement to conform the statement to actual results or changes in the company's expectations.

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